

**Patient Information:**

## Cold Clinic Medication Information

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- Generic Tylenol®
- Generic Sudafed PE®
- Generic Robitussin®
- Generic Motrin® or Advil®
- Throat Lozenges

These medications are available in the pharmacy for Self Care Cold Clinic patients.  
Please see the pharmacist if you have any questions about these medications or any others.

### ACETAMINOPHEN (generic Tylenol®) *FOR ACES AND/OR FEVER*

**USE** for Temporary Relief of:

- minor aches & pains
- headaches
- fevers

**WARNING** **DO NOT take Acetaminophen...**

- And drink alcohol; if you consume 3 or more alcoholic drinks every day, ask your doctor or medical practitioner whether you should take acetaminophen at all. Acetaminophen may cause liver damage.
- With other products containing acetaminophen, read package labels carefully or consult your pharmacist
- More than 10 days for pain, unless directed by a doctor or medical practitioner
- More than 3 days for fever, unless directed by a doctor or medical practitioner
- If you are hypersensitive to it
- If you are pregnant or nursing a baby; seek the advice of a health professional before using this product.

### PHENYLEPHRINE (generic Sudafed PE®) *FOR STUFFY NOSE*

*Phenylephrine promotes nasal and/or sinus drainage.*

**USE** for Temporary Relief of:

- nasal congestion due to the common cold
- hay fever or other upper respiratory allergies
- nasal congestion associated with sinusitis

**WARNING** **DO NOT take Phenylephrine ...**

- In amounts that exceed recommended dosage; higher doses may cause nervousness, dizziness or sleeplessness
- More than 7 days if symptoms do not improve; schedule an appointment with a doctor or medical practitioner
- If symptoms are accompanied by a high fever; schedule an appointment with a doctor or medical practitioner
- If you have high blood pressure, heart disease, diabetes, thyroid disease, or prostate disease, except under the advice and supervision of a doctor or medical practitioner
- If you are hypersensitive to it
- If you are pregnant or nursing a baby; seek the advice of a health professional before using this product.

**PRECAUTION:** **DO NOT take Phenylephrine if:**

- DRUG INTERACTION**  presently taking an antihypertensive or antidepressant drug containing a monoamine oxidase (MAO) inhibitor, except under the advice and supervision of a doctor or medical practitioner

