

## Nexplanon Contraceptive Implant

### ***What is Nexplanon?***

Nexplanon is a hormone-releasing birth control implant that is placed under the skin of the inner upper arm for women who prefer a long-acting contraceptive option. It prevents pregnancy for up to 3 years.

### ***Does Nexplanon contain hormones?***

Yes, Nexplanon contains Etonogestrel, which is a Progestin-type hormone similar to what is produced by the ovaries and found in some birth control pills.

### ***How does Nexplanon work?***

Nexplanon works by suppression of ovulation. It also thickens the cervical mucus which can prevent sperm from getting into the uterus. It may change the lining of the uterus preventing implantation.

### ***How effective is Nexplanon?***

It is one of the most effective forms of birth control available. It is considered over 99% effective.

### ***Does Nexplanon prevent STDs?***

Nexplanon does not protect against HIV or STDs.

### ***Can Nexplanon be removed early?***

Yes, it can be removed at any time before the 3-year period is complete if you want to try to get pregnant, or for any other reason. You may become pregnant as soon as Nexplanon is removed or you may change to another type of birth control when you have it removed.

### ***Will my periods be normal with Nexplanon?***

The most common side effect of Nexplanon is a change in normal menstrual bleeding pattern. It can be longer or shorter bleeding during periods or no bleeding at all. The time between periods may vary and there may be spotting at times.

### ***Who should use Nexplanon?***

Women who:

- Want birth control they don't have to think about every day
- Are looking for an estrogen-free option
- Are between having children
- Are unsure if they want more children

### ***Who should not use Nexplanon?***

Women who:

- Are pregnant
- Have a current or past history of blood clots or clotting disorders
- Have liver tumors or liver disease
- Have undiagnosed genital bleeding
- Have known or suspected breast cancer
- Have an allergy to any of the components of Nexplanon

### ***Is Nexplanon covered by insurance?***

Yes, it is covered by most insurance plans.

### ***Is Nexplanon available at SHC?***

No, but there are multiple local GYN offices that place Nexplanon.

### ***How can I learn more about Nexplanon?***

Go to [www.Nexplanon-USA.com](http://www.Nexplanon-USA.com) to learn more about this long acting reversible contraceptive.